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**October is Breast
Cancer Awareness
Month**



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Saturday, October 16, 2010

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American Airlines Aruba raising funds for the fight against Breast Cancer



Photo above shows Mrs. R. Banfield and Mrs. Sra. J. Fun at the counter of American Airlines at the Aruba Airport Authority. The two beautiful ladies are selling locally home-made cupcakes and coffee and also notebooks. Proceeds of the sale go to the Susan G. Komen for the Cure foundation.

Susan G. Komen for the

Cure, formerly known as The Susan G. Komen Breast Cancer Foundation, often referred to as simply Komen, is an organization supporting breast cancer research. Since its inception in 1982, Komen has invested over \$1.5 billion for research, education and health services, making it the largest breast cancer charity in the world.

October is Breast Cancer Awareness month. So if you are waiting to board your plane or the arrival of a family member or good friend, just relax, enjoy a cup of coffee and a delicious homemade cupcake, and feel the satisfaction of helping with a good cause.

Photo courtesy of Johannes van de Rijdt

Expo Cas 2010: Everything for your getaway in paradise under one roof



See story on page 3



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Israel angers Palestinians with new Jerusalem building plans

JERUSALEM (AFP) - Israeli plans to build 238 new settler homes in east Jerusalem, as reported in Friday's press, provoked a furious response from the Palestinians who said Israel was bent on "killing" peace talks.

The plans for new housing in the settlement neighbourhoods of Pisgat Zeev and Ramot were approved on Thursday by Israeli Prime Minister Benjamin Netanyahu, Ynet news website said, in a move likely to complicate US efforts to revive peace talks.

Palestinian chief negotiator Saeb Erakat said the move proved Israel was intent on "killing" every opportunity to revive peace talks between the two sides.

"Netanyahu has made his choice: settlements over peace," he said.

"We call upon the US administration to hold the Israeli government responsible for the collapse of the negotiations

and the peace process as a result of this government's insistence on killing every opportunity for resuming negotiations."

Peace talks between Israel and the Palestinians face imminent collapse in a row about settlement building on occupied land, which restarted on September 26 after temporary restrictions on building expired.

Settlement watchdog Peace Now said it was the first time such a plan had been approved since March, when Israel said during a visit by US Vice President Joe Biden that it would build 1,600 new settler homes in east Jerusalem, prompting a major crisis with Washington.

Guyana abolishes death penalty

GEORGETOWN, Guyana (AFP) - Guyana's parliament has voted to abolish the mandatory death penalty for people convicted of murder unless they have killed members of the security forces or the judiciary.

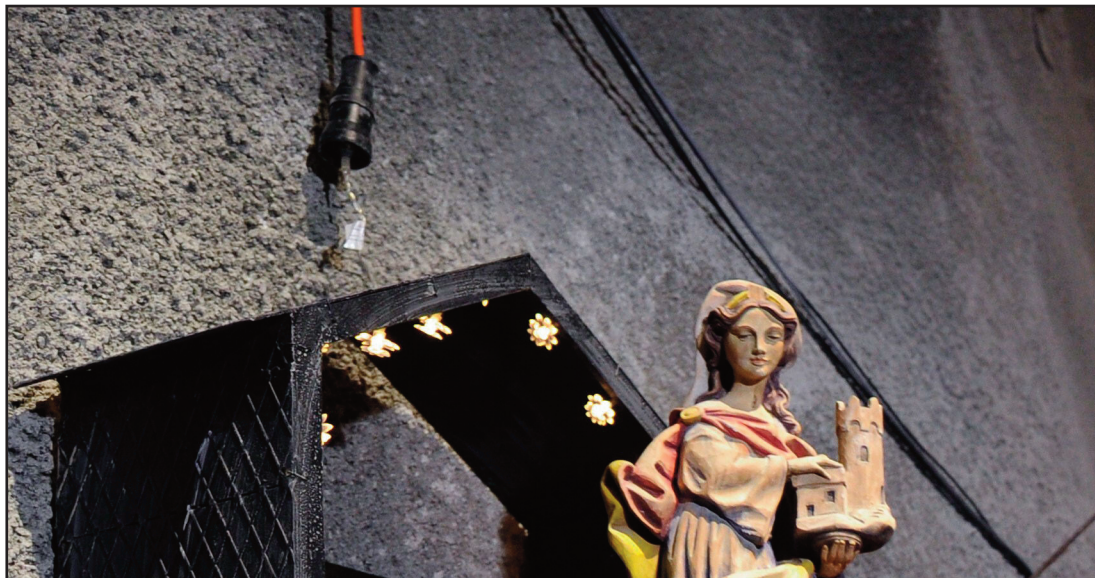
Lawyers for some 40 death row inmates yesterday appealed to officials to commute their sentences after Thursday's National Assembly vote in the South American nation.

"We are asking for them, in light of what they have just done, to look at those prisoners there and remove their sentences, to remove them from death row," opposition spokeswoman for legal affairs Clarissa Riehl told reporters.

The 65-seat assembly agreed to retain a mandatory death penalty for people convicted of murdering law enforcement officials, prison officers, and members of the judiciary.

Riehl said those who have been waiting on death row for more than 10 years should have their sentences commuted to life imprisonment.

World's longest tunnel completed under Swiss Alps



A miner holds an effigy of St. Barbara, patron saint of miners, after a giant drilling machine completed the world's longest tunnel beneath the Swiss Alps during a ceremony on October 15, 2010, 30 kilometres (19 miles) from one end and 2,000 metres below the mountains near Sedrun. By the time it opens for service in 2017, the 57-kilometre (35.4-mile) long Gotthard tunnel, it will exceed Seikan rail tunnel linking the Japanese islands of Honshu and Hokkaido and the world's longest road tunnel of Laerdal in Norway, paving the way for continuous high-speed rail travel between northern and southeastern Europe. AFP PHOTO

Pentagon urges gay troops 'don't tell' amid legal wrangling

WASHINGTON (AFP) - The Pentagon urged troops Friday to keep quiet about their sexual orientation amid legal wrangling over a 17-year ban on gays serving openly in the military.

In a memo sent out to secretaries of the US Army, Navy and Air Force, Under Secretary of Defense for Personnel and Readiness Clifford Stanley said the Defense Department "will abide by the terms of the injunction" of a federal judge as it awaits the results of an appeal by the Justice Department.

Stanley said a stay of the injunction could be issued "very soon, perhaps in a matter of days," which would restore the controversial policy that requires gay and lesbian service members to stay quiet about their sexuality or face being kicked out.

But he warned troops that, "in light of the appeal and the application for the stay (of the

injunction), a certain amount of uncertainty now exists about the future of the Don't Ask, Don't Tell law and policy."

"We note for servicemembers that altering their personal conduct in this legally uncertain environment may have adverse consequences for themselves or others should the court's decision be reversed."

The Justice Department applied Thursday for a stay that would suspend the legal order until an expected appeal can be heard.

Should a stay be granted, Stanley said he would issue "additional guidance" to the military services.

He ordered the military's department secretaries to "ensure immediate compliance" with his memo.

"It remains the policy of the Department of Defense not to ask servicemembers or applicants about their sexual orientation, to treat all members with dignity and respect, and to ensure maintenance of good order and discipline," he added.

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Satisfaction survey by Aruba National Library



vey form.

The questions cover such things as the desired opening hours, the collection, the service, and atmosphere of the library. Completing the online questionnaire takes about 5 minutes.

Management of the Aruba National Library thinks your opinion is important and thank you for taking part in the Library Client Survey 2010.

A summary of the results will be posted as soon as they are available.

ORANJESTAD -- The Aruba National Library is conducting a satisfaction survey among customers and visitors. Visitors will be asked to fill out a sur-

able. Please follow this link, <http://survey.parantion.nl/?s=a84e0f63438e4b18967c38ba01fe2b22&a=IF>

Expo Cas 2010: Everything for your getaway in paradise under one roof



Stanley and Clayton Brown of Multi Media International welcomed Minister of Infrastructure Benny Sevinger and Minister of Culture, Economic and Social Affairs, Michelle Hooyboer-Winkler to the Renaissance Convention Center in Oranjestad yesterday afternoon for the opening of the fifth edition of Aruba's most popular real estate and home expo show, Expo Cas 2010.

This year, 92 booths feature information and great special discounts on homes and everything imaginable for the home. One can purchase a house or find whatever is needed to build one, renovate, or upgrade your present abode.

Many booths are about more than purchase and construction, as Boolchand's demonstrates you can turn it into a high tech home theater with the new Sony 3 LED TV, which also accommodates 3D games for the eternal child.

From complete kitchens and the latest major appliances to pest control, security, renewable energy sources and high speed Internet service, you will find it on display at Expo Cas 2010, with a qualified and informative technician prepared to answer queries. Banks are also on hand to inform on loans and mortgages to make you dream home fantasies a reality.

Expo Cas is open today and tomorrow from noon until 8:00 PM; entrance fee is 7.50 Aruban florins, (\$4.30.) If you have ever wondered about owning a home on Aruba, this will tell you everything you need to know in a highly entertaining fashion. Raffles with great prizes from the many vendors are conducted throughout the day, and visitors receive a raffle ticket for a door prize of construction materials valued at 2,500 Aruban florins

by Rosalie Klein

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Wilders not guilty on all counts

THE HAGUE, The Netherlands -- The public prosecution department yesterday afternoon stated that Geert Wilders is not guilty of discriminating against Muslims. Earlier it announced he should also be found not guilty of inciting hatred.

Prosecutors Birgit van Roessel and Paul Velleman reached their conclusions after a careful reading of interviews with and articles by the anti-Islam politician and a viewing of his anti-Koran film Fitna.

They said comments about banning the Koran can be discriminatory, but because Wilders wants to pursue a ban on democratic lines, there is no question of incitement to discrimination 'as laid down in law.'

On the comparison of the Koran with Mein Kampf, the prosecutors said the comparison was 'crude but that did not make it punishable.'

Dealing earlier yesterday with incitement to hatred, Van Roessel and Velleman said some comments could incite hatred against Muslims if taken out of context, but if the complete text is considered, it can be seen that Wilders is against the growing influence of Islam and not against Muslims per se.

On Tuesday, the prosecutors said the MP should not be



found guilty of group insult.

The public prosecution department was forced to take the case by the high court after anti-racism campaigners protested at its refusal to prosecute Wilders.

Wilders proclaimed himself 'very happy' with the public prosecution department's announcement that he should be found not guilty on all charges of inciting hatred and discrimination.

The anti-Islam MP told reporters: 'I don't insult, I don't incite to hate and I don't discriminate. The only thing I do and will continue doing is speak the truth.'

He campaigns for a stop to Muslim immigration, a ban on the construction of new mosques, and a tax on headscarves.

Wilders was temporarily banned from Britain last year on race hate grounds.

His Party for Freedom has signed a pact to provide a minority cabinet of the Christian Democrats and liberals with the votes they need in parliament in return for a voice in policy formation.

Campaigners who took the case to the high court to force the public prosecutors to bring the case against Wilders said they were 'disappointed.'

'We hope the court will come to a judgement on a number of the charges,' a spokesman told reporters.

Wilders' accusers will make their case in court on Monday, followed by his defence starting on Tuesday.

Judgment is expected on November 5.



Combat Dengue

Keep around
your house
and yard clean

Taj Mahal Restaurant in Oranjestad is an authentic culinary excursion



When Bharat Shah, originally from India, but now a successful businessman in California, put on a spectacular wedding in Aruba for his daughter Lisa and her groom Kalpesh, they welcomed hundreds of friends and relatives from around the world, including the "old country."

When all the wedding guests had finally arrived in Aruba, Bharat hosted an official welcome party along the shore in Palm Beach, and he chose to have it catered by Taj Mahal restaurant, he was that impressed by their cuisine.

If you like your Indian food authentic, or are looking for a new and unique dining experience, an evening at Taj Mahal will deliver a memorable meal. A seemingly endless menu offers scores of choices for fish, chicken, lamb and vegetarian dishes that are "the real deal," discover that Indian food goes way beyond curry!

A taste-testing crew from THE MORNING NEWS

chose a selection of their singular starters and two main courses with saffron rice, served family style, which provided a fine example of the versatility of their chef.

Taj Mahal's Tai Choice is a great way to start the meal and be initiated into the joys of Indian cuisine, offering a diverse selection of traditional favorites. It contains hearty portions of

Pakorras, crispy vegetarian fritters, Aloo Tikki, potato cutlets, Chicken Tikka, tender chicken

added an appetizer of crunchy Samosas, the Indian form of a potato knish, served with either cilantro or sweet and sour sauce. A platter of their Jhinga, large, crispy-fried shrimp in a delicate batter is ample enough to serve as a main course, though featured on their appetizer menu.

As we mentioned, main courses are served family style, in beautiful little pots that sit upon a candle to keep them warm. Our group sampled the "Mutton Saagwala," also known as "Lamb Shag" which is cooked in a thick sauce of yogurt and spinach, and the "Fish Hara Masala," moist, tender chunks of fish in a rich sauce featuring cilantro as the main flavoring. This is offered in mild, medium and very spicy, we found the medium quite spicy enough for us; it left a tingle on the tongue.



breast pieces seasoned just right, and shaped and seasoned ground lamb, charmingly dubbed "Sheik Kebabs." All is served on a bed of sliced onions and brought to your table on a sizzling platter, and you will want to dish those sautéed onions on to one of their tasty Indian breads called Naan, leaving behind not a single crumb. Main dishes are accompanied by a choice of rice, mixed vegetables rich with garlic, or Naan, plain, buttered, onion or garlic, and you will want to order an extra basket or two of this tasty delight, on which you can spoon your main course, as well. Poori is crispy fried naan, and most definitely worth the extra two dollars to sample with your meal.

Our group also

The family style service allows everyone at the table to sample a bit of this and that, and we heartily recommend you do, to truly appreciate this authentic bit of India in Aruba. Open for lunch and dinner, Taj Mahal sports a cozy and intimate air-conditioned dining room and a small outdoor terrace for those that enjoy dining al fresco. They have an exotic dessert menu to match, but our group was too stuffed to partake; there was even enough left to box up and provide a lunch next day for the lucky first person to get to it!

Located behind the Royal Plaza Mall, across from Aruba's Numismatic Museum, Taj Mahal offers a dining experience that is truly out of the ordinary; they feature an excellent and tasty selection for vegetarians too. If you are a fan of Indian food, or have been toying with trying it, Taj Mahal is the place for a very affordable dining experience and the real deal! Call 588-4494 for reservations.

by Rosalie Klein



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Feng shui gives Italian wine the feel good factor

RIPARBELLA, Italy (AFP) – Nestled in the rolling hills of Tuscany in Italy, a new vineyard is using the ancient Chinese art of feng shui to make its wine in harmony with nature -- and give it an extra marketing zing.

"We have created a feng shui cellar in order to retain a bond with nature," Solene Genot, who manages the Caiarossa vineyard with her husband, Dominique, told AFP on a visit to the picturesque area in central Italy.

"The cellar is located in a place where the energy is highest -- half way between the top of the hill and the bottom of the valley," she said.

"Even the colours of the building -- red on the outside and yellow on the inside -- are the colours of nature, the sun and the earth."

Caiarossa is in the village of Riparbella in a region called Val di Cecina close to the Mediterranean Sea and the historic port of Livorno.

It was bought in 2004 by Dutch businessman Eric Albada Jelgersma, who also owns two vineyards in the Bordeaux wine region in southwest France.

In its marketing literature, the wine company talks about



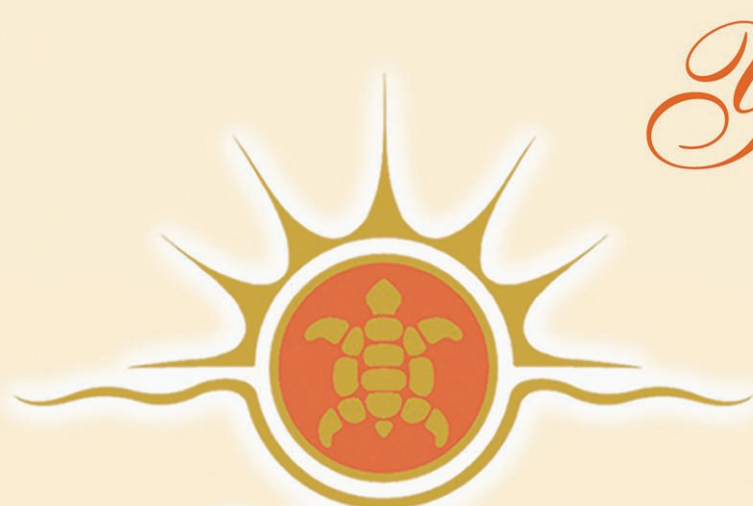
Employees control a barrel of red wine at Caiarossa vineyards in Riparbella

"the luxury of Mother Nature, which man has helped to produce."

"The inspiration for the winery comes from geo-biological architecture and Oriental Feng Shui discipline," it says.

The vines are spread out over 16 hectares (39 acres) and annual production is around 70,000 bottles, with 70 percent going for exports, Dominique Genot said.

"It's a young vineyard, it's still expanding," he said.



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Joe & Jean Renew their Wedding Vows at Sunset



Eagle Beach – Joe & Jean Campisi renewed their wedding vows on October 13th, 2010 on the beach in front of the Dutch Village.

Next year, on March 19th, 2011, the love-birds will celebrate their 58th year anniversary together, having met and fallen helplessly in love when Joe was just 17 years old!!

The popular couple was surrounded by family members and friends as the local reverend conducted the emotional ceremony, not a dry eye in the house.

Joe & Jean Campisi have for the past quarter of the century brought the Red Devils to Aruba to the Dutch Village for week 41 and 42. The group is well known and loved at the resort and around town, with Joe serving as the motor behind all grand festivities, including holiday parties, lavish restaurant outings and nightly casino expeditions.

This time Joe had a renewal of vows in mind, as a surprise for his sweetheart. He lured her out to the beach under the pretense that Eleanor & Raymond would be renewing their vows, once baited, he switched, placing Jean, the queen of his heart at the action center.

He crossed himself cautiously before her turn to answer the big question, but she said “yes” anyway, then they sealed their promise of eternal love with an extended kiss.

Joe reports that they have enjoyed their family and friends over the years and that they never fought over sex nor money. Joe was in the bar and restaurant business until he retired in 1998, and since then he

confirms, they stayed busy, never getting on each other's nerves, which is the secret to their success.



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New App Monitors Pet Health

While human calorie-counters learned to monitor their food intake ages ago, pet owners still have a hard time managing the health of their cats and dogs. With the new CUPetHealth App, iPad and iPhone users can digitally crack their animal's food and drug intake, leading to healthier critters and happier masters.

Developed by a class of veterinary students at Cornell University, CUPetHealth gives owners an idea of their pet's body mass index (BMI), lists health information about all the major cat and dog foods, and reminds users when to give their animal's specific medication. By helping to eliminate human error and produce better diets, the CUPetHealth app works to eliminate the two main dangers to pet health, said Joe Wakshlag, an assistant professor of veterinary medicine at Cornell University and the app project leader.

"It's really a user interface to get someone thinking about the health of their animal," Wakshlag told iPad-NewsDaily. "The biggest problem we see as a veterinarian is poor compliance." leader.

Chinese artist's 'seeds' deemed London gallery health risk

LONDON (AFP) - Visitors were barred Friday from contact with a leading Chinese artist's exhibition of more than 100 million porcelain "seeds" at Britain's international modern art gallery over health fears.

Ai Weiwei's "Sunflower Seeds" artwork covers 1,000 square metres (10,760 square feet) of the Turbine Hall at the Tate Modern in London. Walking on them was a key factor in the exhibition, but the public can no longer do so.

"Although porcelain is very robust, the enthusiastic interaction of visitors has resulted in a greater than expected level of dust in the Turbine Hall," a Tate spokeswoman said.

"Tate has been advised that this dust could be damaging to health following repeated inhalation over a long period of time.

"In consequence, Tate, in consultation with the artist, has decided not to allow visitors to walk across the sculpture."

Ai is one of China's leading conceptual artists.

The life-size seeds were individually sculpted and painted in workshops in Jingdezhen, eastern China.

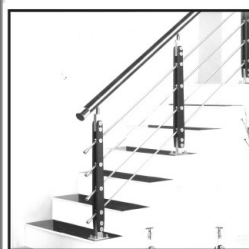
Porcelain has traditionally been one China's most prized exports.

In publicising the exhibition, the Tate Modern said the seeds "form a seemingly infinite landscape."

"The casual act of walking on the work's surface contrasts with the immense effort of production and the precious nature of the material."

"Sunflower Seeds" runs until May 2, but the public will only be able to look at it.

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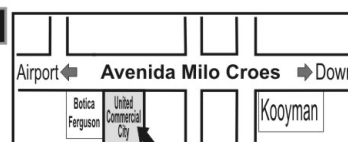


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Sci-Tech

Tech lets body organs send updates to your phone



What's your heart's IP address?"

That's not just a geeky pickup line; a group of Dutch researchers at IMEC have developed a wireless body area network (BAN) called Human++ BAN, which al-

lows small sensors embedded in organs to transmit health data to a patient's phone via an SD memory card adapter.

Using ultra-low power electrocardiogram sensors as wireless nodes, the Human++ BAN devices transmit vital stats from your heart to your Android smartphone, and then along to your doctors via a 3G or wireless network. If something's really going wrong, an alarm can sound on your phone to alert you that your heart rate is too high, or that you're about to get a shock from an internal defibrillator.

The Human++ BAN system can work with other bodily systems, not just the heart: IMEC claims that it could be used to monitor neurological conditions or neuromuscular diseases, appealing to athletes and others. This work was presented last week at the Wireless Health Conference in San Diego, CA.

UFOs sighted over Manhattan

New Yorkers are used to odd sights, but what hundreds of people in the Chelsea district of Manhattan's West Side saw in the sky Wednesday afternoon surprised even them.

A cluster of silvery, shiny lights floated above. Initial descriptions of the supposed UFO varied wildly. One person said that it was "an oddly shaped object full of lights, flying slowly" while others saw (and recorded) three distinct objects; still others saw nearly a half-dozen entities.

However many there were - and whatever their nature - the city's 311 emergency line received dozens of calls about the mysterious, "extraordinary" lights.

Alien spacecraft was of course a popular theory,

though most New Yorkers seemed to take the lights in stride. Officials said that the objects were not detected as any security threat, and FAA spokesman Jim Peters said that the UFO did not appear on radar: "We re-ran radar to see if there was anything there that we can't account for but there is nothing in the area."

A closer look at video of the supposed UFO offers clues about its identity. The lights moved independently like floating objects, not fixed lights on an aircraft or spacecraft; they moved together in the same direction as the wind. Furthermore, the objects were not emitting light but instead reflecting sunlight.

Eye tracker wakes sleepy drivers



Showing off an automotive ingenuity one would expect from the country that produced Mercedes Benz and the autobahn, the German state-science outfit Fraunhofer-Gesellschaft has developed an eye tracking unit that will wake sleeping drivers. Eyetracker alerts motorists right before they nod off, avoiding accidents and improving on the American system of truck stop coffee and Metallica blasted at full volume.

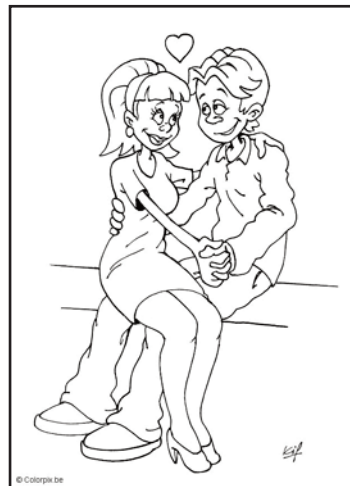
If the camera modules detect that the eye is closed for longer than a user-defined interval, it sounds an alarm. When used as a driver-assistance system, there can be four or even six cameras keeping watch over the driver's eyes.

The cameras evaluate up to 200 images per second to identify the line of vision, even when a driver's head moves to the left or right. Yet the Eyetracker is only roughly half the size of a matchbox and practically undetected when mounted behind the sun visor and in the dashboard. The tiny lenses are just three to four millimeters in diameter.

The special feature of the Eyetracker is that it can be installed in any model of car. There is no need for a complicated calibration of the cameras. The system also doesn't need a PC or laptop, and can run off of its own proprietary hardware.

Health & Living

Romantic Love: Nature's Painkiller?



In a study involving a group of lovelorn Stanford undergrads, researchers discovered that high-octane romantic love might be a natural analgesic.

Love's painkilling effect isn't just that the person is distracted by thoughts of the loved one -- although that works, too. Instead, the researchers found that feeling "head-over-heels" activates the same dopamine-oriented centers of the brain that tune in to illicit drugs such as cocaine.

"These pain-relieving systems are linked to reward systems," said Dr. Sean Mackey, senior author of a paper appearing online Oct. 13 in PLoS One. "Love engages these deep brain sys-

tems that are involved with reward and craving and similar systems involved in addiction."

"This gives us some insight into potential ways of further probing and ultimately translating that into treatment for pain," added Mackey, who is chief of the pain management division at Stanford University School of Medicine.

The authors recruited 15 Stanford undergrads who were "wildly, recklessly in love," said Mackey, adding that the recruitment process took "only days."

"It was the easiest study I've ever recruited for," he said. "Within hours they were all banging on my door, 'Study us! Study us!' When you're in that kind of love, you want the world to know about it."

The besotted 7 men and 8 women, who were still in the newly smitten phase of their relationships, came to the study with a picture of their beloved.

Researchers flashed the picture of the beloved while inflicting pain with a handheld thermal probe. As a control, participants were asked to name every sport that doesn't involve a ball, a form of distraction, while also ac-

tivating the probe.

"To our pleasant surprise, both love and distraction reduce pain to an equal amount and that was good because it more fully allowed us to compare them," Mackey explained.

The pain relief afforded by looking at the picture of the beloved seemed specific to that act -- when participants were asked to look at a picture of an equally attractive and familiar acquaintance, their pain levels did not recede.

Functional MRI imaging of the participants' brain also revealed that, "the brain systems involved in distraction are entirely different from those involved in love," Mackey said. "In distraction, there was a much higher level of the newer cortical systems involved with classic attention and distraction."

On the other hand, "in love, very primitive, reptilian brain systems that are classically involved with the reward systems that motivate our basic drives were involved," he said.

Although the students in this study were at an age when love is often in the air, Mackey believes the results would easily translate to older folks.

'Western' diseases spread to developing world

BERLIN (AFP) - Chronic illnesses like obesity and diabetes, generally seen as "Western", are making worryingly rapid inroads in the developing world, health experts warned at a meeting in Berlin this week.

Around 80 percent of new cases of cancers, diabetes and cardiovascular diseases are now being recorded not in the rich West, but in poorer parts of the globe, according to World Health Organisation (WHO) figures.

The explosion is a "consequence of importing lifestyles from Western countries," Francis Collins, head of the US-based National Institutes of Health, told the World Health Summit at Berlin's Charite hospital.

According to the WHO, the worst-affected areas are southeast Asia and the western Pacific, while the Middle East stands out for swelling rates of obesity.

"An obesity epidemic is inevitable unless policies to reduce intakes substantially from fat and sugar with spon-

taneous increases in activity are introduced now," said Philip James, chairman of the British-based International Obesity Task Force (IOTF).

Currently, there are around 300 million people around the world classified as obese, with a body mass index (BMI) -- a measure computing body weight and height -- of over 30, according to the IOTF.

The rise in the developing world is all the more surprising because these countries are also ravaged by hunger, but the increase in obesity does not necessarily mean that people there are becoming better fed. Obesity often masks underlying deficiencies in vitamins and minerals, the IOTF says.

As these countries develop economically, people's diets change as more and more of them move to cities and eat high-fat and high-sugar foods, often in Western-style fast food eateries. Urban life also tends to be more sedentary.

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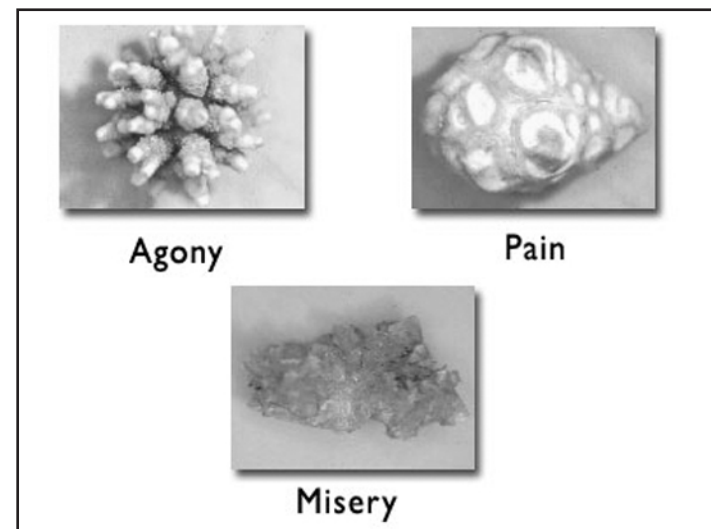
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New research offers hope for preventing kidney stones



WASHINGTON (AFP) - A new technique to curb the growth of crystals in one type of kidney stone offers hope for preventing development of the hard deposits which can cause extreme pain, researchers reported Thursday.

Scientists at New York University's Department of Chemistry and its Molecular Design Institute, NYU School of Medicine, and the Medical College of Wisconsin sought to attack kidney stones at the molecular level by examining the crystals that form them.

The researchers used atomic force microscopy, which allows for the observation of objects as small as a nanometer, to observe the growth of the L-cystine crystals that make up one type of kidney stone.

Knowing how these crystals grew, the researchers could then select a chemical agent to inhibit this process.

"This may lead to a new approach to preventing cystine stones simply by stopping crystallization," said Michael Ward, one of the au-

thors of the research and chair of NYU's Department of Chemistry.

"Moreover, these findings are an example of the significant advances that can be achieved through collaborations between researchers in physical sciences and in medicine."

Kidney stones comprised of L-cystine affect an estimated 20,000 individuals in the United States.

This number is smaller than the number of Americans afflicted by calcium oxalate monohydrate (COM) stones, but L-cystine stones are larger, recur more frequently, and are more likely to cause chronic kidney disease.

Although they often cause no permanent damage, kidney stones can be extremely painful and sometimes are removed by surgery or sound waves.

Current medications for L-cystine stone prevention can cause adverse side effects such as nausea, fever, fatigue, skin allergies, and hypersensitivity.

What is black & white and red all over?

Christmas 2010 unveiled at Flora Market



Knowledgeable sources informed THE MORNING NEWS that European holiday decorating has gone sleek and modern; this was very much reflected in the highly nontraditional and contemporary look for Christmas 2010 at Flora Market, Aruba's premier home décor store, this past Thursday evening, October 14.

If any event truly marks the start of the holiday season on Aruba, it is when style-conscious islanders make their way through the impressive entranceway at Flora Market to admire and be inspired by their Christmas collection for the first time. The dress code for this year's opening event was black and white, a reflection of the contemporary and rather monochromatic ensembles they are offering to dress one's tree, home and table for the coming holidays.

Sparkling wine and

El Gaucho Restaurant, which gifted attendees with holiday candles, contributing to the festive ambiance. Flora Market's designers did a superlative job providing ample and unique settings to showcase the 2010 collection and spark



sumptuous snacks were sponsored by

creativity. White trees and complementary decorations in silver, metallic chartreuse and magenta were featured color schemes; definite detours from the usual; a highly contemporary look. However, for traditionalists, red, gold and russet gold motifs with a modern touch are also part of this year's collection. The stunning imagery of the feature film "Legend of the Guardians" must have made an impression on designers this year, as adorable owls in a variety of colors were to be found everywhere.

Interesting alternatives from traditional trees, such as giant vases filled with white artificial flowers from which one can hang complementary ornaments were also a recurring theme. For many, holiday décor is a style statement as important as their clothing, and Flora Market's unveiling of their Christmas Collection 2010 would surely be a defining moment if Aruba had a "Holiday Fashion Week!"

by Rosalie Klein

The Queen's offers an authentic taste of Aruba!



Varella, Luisa and the next generation of chef

One of the distinctions of Aruban cuisine is incorporating unique indigenous ingredients such as in Wild Cucumber Stew and a particular light fish chowder accompanied by the local specialties pan bati (corn meal pancake) and funchi (the local version of polenta.) Thus, eating out at the authentically Aruban restaurant, The Queen's, is very affordable, with a true taste of regional cuisine.

Owner Varella Innocencia confesses she opened her restaurant in Oranjestad because "I grew up with this, and loved serving people our island

into local cuisine. "We will definitely return to The Queen's," they affirmed, "the food was delicious and the prices are more than right."

The menu sports a variety of steaks and tenderloin, fresh caught seafood, Caribbean lobster, and of course, one of our favorites, and what we consider a true test of local cuisine, "Keshi Yena"- "Filled Cheese." This is a tasty, filling stew of chicken, with other ingredients that are handy that day, all incased in a thick skin of melted Gouda. It was very satisfying and particularly memorable paired with The



Grandma's stoba with classic rice & beans and homemade potato beet salad

food. My father and mother operated the little restaurant across from the Americana, which some may remember, the original Arawak. I remember how much our customers loved trying the local food, and they especially loved the prices!"

Varella's mom, Luisa, is still in the kitchen, conjuring up the delicious dishes that have been in her family for generations, which is acknowledged on the menu with "Carni Stoba di Mamachi"- "Grandma's Beef Stew," and their Arawak Steak.

We also bumped into island visitors Jim and Callie from Michigan, who were eager to try island food, and were more than pleased with their venture

Queen's garlic bread and very special Pica, a mix of chopped onions and the famous local hot pepper, Madame Janette. Not overly spicy, it lent that perfect bit of tang to this deliciously picturesque meal.

Located next to the Harbor at the end of the Weststraat, The Queen's is open from 11:00 a.m. to 11:00 p.m., daily, offering indoor and outdoor dining. They also have daily specials, aside from an extensive menu; made from whatever is in season.

We noticed a steady stream of islanders coming for lunch in the pleasant surroundings or picking up take-out containers; always a sure sign of a winner is where the locals like to eat!



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Rediscovering Ruinas Del Mar and its sister restaurants Café Japengo and Piccolo



Dining at the Hyatt in stunning surroundings

Hyatt Regency Aruba is very excited about the innovative menus being devised by Executive Chef Victor Litkewycz, who joined their staff in June of 2009. Island media was invited to sample some of the new menu, with the emphasis on "Uncomplicated Chic." The chef has created a selection of fusion dishes incorporating the flavors of the Caribbean, and diners will find it not only a taste revelation, but prices are decidedly reasonable.

One of Ruinas Del Mar's

greatest assets is its stunning location, surrounded by waterfalls and frolicking black swans. This can be also be enjoyed from a single private terrace attached to Café Japengo, for a memorable romantic dinner for two. Though the taste-testing team from THE MORNING NEWS left the terrace to a pair of honeymooners, we still have to say we found the menu, service and surroundings at Café Japengo eminently enjoyable.

Our team had a hankering

for the Pacific Rim specialties of Café Japengo, where the deft touch of Chef Victor's island fusion cuisine could be savored in the Tamarind Sauce that accompanied the Goong Gra Bog appetizer, whole marinated shrimp wrapped in crispy wonton leaves. We were particularly impressed with the ample portion of one of our favorite dishes, King Crab Legs, served with Lime Butter. The appetizer serving at Japengo was easily twice the portion received a few months ago at a rather heavily touted resort restaurant on the Palm Beach strip, which was served as an entrée at three times the price of Japengo. Now we know where to go when we have an urge for crab.

A selection of sushi prepared before our eyes was attractive and tasty. We recommend the Palm Beach Roll and the Crispy Eel. Fortunately, we decided to share the main course; a wise decision as we had not expected such large portions on the starters and were nearly full. Café Japengo is perfect for indulging the tradition dining family style when eating oriental food, the portions allow for all to enjoy a satisfying sample of their very interesting menu.

We finished with the Vietnamese Seafood Platter, which proved to be a tasty mélange of lobster, shrimp, huge scallops, clams, mussels and squid stir fried with crispy vegetables and a delectable sauce. Though tempted by a very interesting dessert menu featuring items such as Chocolate Sushi, we were regrettably too stuffed to indulge.

The Hyatt Regency Aruba is very conscious of their status as a 4-star AAA rated facility; in particular they are paying close attention to the quality and diversity of their eateries,



Goong Gra Bog with tamarind sauce

offering options to rival Aruba's independent restaurants. We were very impressed with Café Japengo, and are looking forward to testing the

exciting new menu at Ruinas Del Mar and Chef Victor's island creations.

by Rosalie Klein



A tempting platter of crunchy eel, Palm Beach and Rainbow Roll



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CROSSWORD

ACROSS

1. Slightly open
5. Lath
9. Oust
14. Sparkly fabric
15. Tramp
16. Copter part
17. Samoan port
18. Mountain goat
19. Critical
20. Famed financier
22. Comic Conway
24. Osculate
25. Galena, e.g.
26. "___ a Wonderful Life"
28. Bistro
30. Maui greeting
32. College team
36. Toast topping
39. Thespian
41. Actress Brent
42. Ellipse
43. Subsequently
44. Prison
45. Barbie's friend
46. "The ___ the Hat": 2 wds.
47. Pep ___
48. Make beloved
50. Polite response: 2 wds.
52. Author C.P.
54. Seine
55. Society tyro
58. Distort
61. Fifi's refusal
63. Sweet-talk
65. Frighten
67. Spanish belle
69. Vicinity

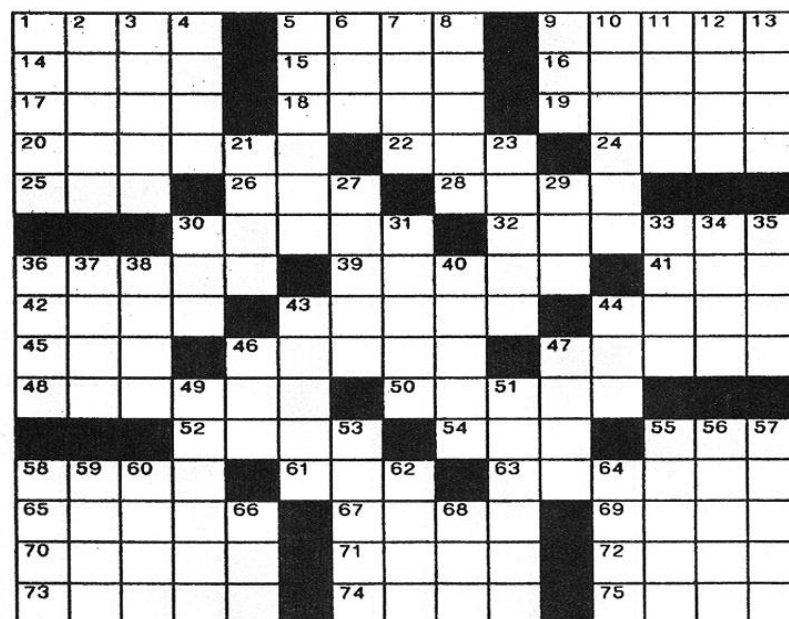
DOWN

70. Brown shade
71. The Bard's river
72. Actor Nolte
73. ___ cash
74. Soviet veto
75. Dines
1. Texas mission
2. Giber
3. A miss is as good as ___: 2 wds.
4. Authentic
5. Eastern religion
6. Tennis stroke
7. Aid
8. Poisonous
9. Paleozoic, e.g.
10. Disc ___
11. Small case
12. Camp beds

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13. Very: Fr.
21. Unctuous
23. Primary
27. Pole
29. Remote
30. Wholly
31. ___ good faith: 2 wds.
33. Kind of chop
34. Malevolent
35. Wriggly
36. Gag
37. Tied
38. Disembark
40. Mortise's partner
43. Famed slugger
44. Shake up
46. Tin
47. Actress Gam

49. ___ de corps
51. Trig term
53. Female
55. "Andrea"
56. Vote into office
57. Bills
58. Hornet
59. Sheltered
60. Entranced
62. Kind of bean
64. Eyre of fiction
66. Calendar heading
68. "___ Palooka"



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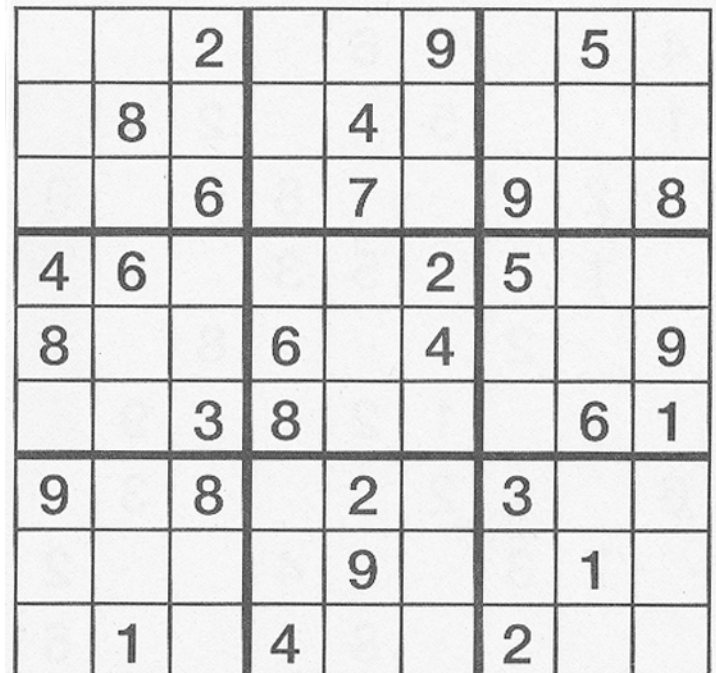
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Sudoku



SOLUTION

2	6	7	8	9	1	5	4	3
9	1	8	3	6	2	7	5	4
9	7	3	1	2	5	8	6	4
1	9	7	2	5	8	3	6	4
6	2	1	7	3	9	1	5	8
3	8	9	2	1	6	2	9	7
8	3	6	9	2	7	9	7	1
2	1	9	7	3	6	8	5	4
7	9	9	6	8	1	2	3	7

Complete the grid so that every row and every column contains the numbers 1 through 9
A number is Never repeated in a row or column.
In addition every rectangle must contain the numbers 1 through 9

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Finance

GM recalls 322,000 Chevrolet Impalas for faulty seat belt

CHICAGO (AFP) - General Motors on Friday announced the recall of 322,409 Chevrolet Impalas due to faulty seat belts.

GM said the front seat belt webbing in a "small number of vehicles" from the 2009 and 2010 model years may not have been properly secured to the lap belt anchor.

"Vehicles with this condition may have an anchor that

can separate in a crash, and therefore may not meet the anchor strength requirements of the US and Canadian Motor Vehicle Safety Standard that covers seat belt assembly anchorages," GM said in a statement.

GM said it knows of no injuries or deaths related to the defect and that repairs will be done free of charge.

Bernanke comments send dollar tumbling

LONDON, England (AFP) - The dollar fell hard against the euro and the yen yesterday after the Federal Reserve left little doubt it would step in to prop up the US recovery, a prospect that leant some support to equities.

Tension had been building on currency markets even before the comments by Fed Chairman Ben Bernanke, with Japan hinting it might intervene again to check the rise of the yen and China warning the United States against using the yuan as a scapegoat for US economic weakness.

Bernanke, speaking in Boston, said the US central bank was ready to undertake extraordinary measures to shore up an economy struggling with stubbornly high unemployment and the risk of crippling deflation.

Ahead of a key meeting of the Fed's policy-setting panel next month, Bernanke set out the case for intervention, saying "there would appear -- all else being equal -- to be a case for further action."

The comments raised already elevated expectations the Fed was preparing to pump billions of dollars into the economy, notably through the purchase of bonds and other assets.

So massive an introduction of fresh funds would tend to dilute the stature of the dollar and devalue it further against the euro and the yen.

In the aftermath of the Bernanke speech, the dollar tumbled to a 80.88 yen, a 15-year low. The euro shot up to

1.4159 dollars, its strongest reading since late January.

The Australian dollar meanwhile hit parity with its US counterpart, soaring as high as 1.0003 US dollars before pulling back.

The euro later suffered a bout of profit-taking and was trading at 1.4019 dollars against 1.4083 late Thursday in New York.

The dollar in late-day deals had re-gained some ground against the Japanese currency, trading at 81.31 yen against 81.44 pm Thursday.

Earlier in the day Japanese Prime Minister Naoto Kan said he was "very concerned about the currency situation" after the yen hit a 15-year high against the dollar.

His finance minister, Yoshihiko Noda, told reporters: "We will take decisive steps when necessary, from the perspective of curbing excessive fluctuations in exchange rates."

Tokyo's warnings of more intervention came as Japan's shaky economic recovery has been held back by the soaring yen, which hurts the nation's growth-driving exporters by making their products more expensive overseas.

China meanwhile insisted that the yuan's weakness against the greenback must not be used as a "scapegoat" for Washington's problems.

US lawmakers and officials contend that an undervalued yuan is harming the competitiveness of US exports and costing jobs in the United States.

EU agrees to slap "green" tax on heavy lorries



LUXEMBOURG (AFP) - European Union transport ministers yesterday agreed to slap a new pollution and noise tax on heavy goods vehicles despite vocal opposition from road haulage groups.

Tough talks have been taking place for two years on introducing a "polluter pays" principle on European Union motorways, with member states such as Austria and

France firmly in favour against opposition from Italy and Spain.

The European Commission said ministers voted in favour of rules allowing the 27 member states to charge heavy lorries both the cost of infrastructure -- which is the current case -- but also to levy extra charges for the cost of air and noise pollution.

A diplomatic source said

agreement was reached after a vote that saw the proposal win by only three votes.

At stake was a review of an existing levy known as the "Eurovignette Directive," which covers some 15,000 kilometres (9,300 miles) of motorways and allows member states to set tolls at levels required only to maintain and replace infrastructure.

Chavez clinches energy, nuclear deals on Russia visit



MOSCOW, Russia (AFP) - Venezuela's maverick President Hugo Chavez clinched a host of deals yesterday to boost a burgeoning relationship with Russia, including an accord to build the first nuclear power plant in his country.

As well as the accord for Russia to build and operate the key OPEC member's first nuclear power station, Chavez's ninth visit to Moscow saw big deals with Russia for the purchase of energy assets.

The flamboyant leader launched one of his customary tirades against the West after his talks in the Kremlin with President Dmitry Medvedev and also surprised his Russian counterpart by producing a bag

of Venezuelan gifts.

"The changes in relations in the economic sector have been tectonic and involve all areas of our mutual interests," Medvedev said alongside the Venezuelan leader.

The nuclear agreement was signed by the head of Russia's atomic energy agency Sergei Kiriienko and built on a plan agreed by Prime Minister Vladimir Putin with Chavez during a visit to Caracas in April this year.

Medvedev said diversifying energy sources was a priority even for a energy-rich country like Venezuela.

"We want our partner to have the full range of options in energy and have energy in-

dependence and the means to develop," Medvedev said.

"Even a country rich in oil and gas like Venezuela needs new sources of energy," he added.

In an apparent reference to the United States, Medvedev acknowledged that the move to build the facility could concern some countries.

Kiriienko told the ITAR-TASS news agency that the nuclear plant could be built "perhaps in 10 years and perhaps earlier."

YESTERDAY'S Crossword Answer

M	A	L	O	A	B	A	C	K	B	E	I	S
A	S	I	N	L	A	N	A	I	E	R	I	E
T	H	E	O	L	D	L	I	N	E	S	T	A
T	E	N	N	I	E	L	D	R	E	S	S	E
A	R	I	A	N	B	I	D	T	S	A	D	I
B	I	N	G	C	A	N	A	P	E	L	I	T
A	L	L	A	L	O	N	G	T	H	E	L	I
T	E	E	A	N	G	L	E	D	A	V	E	R
E	S	T	E	R	L	E	S	E	W	E	R	S
S	C	O	L	D	E	D	A	L	I	A	S	E
L	I	N	E	O	N	E	S	P	O	C	K	E
A	M	E	N	E	S	T	E	S	E	R	A	T
W	A	R	S	S	H	E	D	S	R	E	T	S

Get ready to experience an adrenaline rush like no other
Kite Surfing is an absolute thrill and the latest in extreme sports...



Kite surfing or kiteboarding is a surface water sport that uses the wind to pull a rider through the water on a small surfboard or a kiteboard (similar to a wakeboard). Generally kiteboarding refers to a style of riding known as freestyle or wake-style, whereas kitesurfing is more "wave-riding" oriented. These two styles usually require different boards and specific performance kites.

A kitesurfer or kiteboarder uses a board with or without foot-straps or bindings, combined with the power of a large controllable kite to propel the rider and the board across the water. In 2006, the number of kitesurfers has been estimated at around 150,000 to 210,000, with 114,465 inflatable kites sold that same year.

The sport is becoming safer due to innovations in kite design, safety release systems, and instructions. Riding styles have evolved to suit riders and conditions, such as wakestyle, waveriding, freestyle, freeride, jumping, and cruising.

Kitesurfing started on the island in 1998. Armando Wester, a professional windsurfer and certified instructor, and his buddies were the first ones to introduce Kitesurfing to the island of Aruba.

Since then, they have gotten more than 5,000 visitors and locals hooked on this new adrenaline rush sport.

Their years of experience, the trade winds on the island, the beautiful Caribbean Sea and the latest equipment make it an ideal and safe place for anyone to learn to kite. Kitesurfing is a hybrid of wakeboarding, hand-gliding and windsurfing for a radical new approach of kite power.

Anyone between the ages of 8 and 77 can enjoy this sport.

So don't hesitate to call Armando or visit him at the Fisherman's huts, just north of the Aruba Marriott Resort, and see for yourself what an exhilarating rush this sport really is.

Lessons start daily at 9 a.m., 12 noon or 3 p.m.

Sunday: NFL tail-gate BBQ from 10:30 a.m.

Buster's Garage in South Beach Center: One place for the whole family

Buster's Garage, a New York City landmark, made its way to Aruba about a year ago, and found a new home at the South Beach Center across from the Radisson Resort. Dedicated to the sports fanatic, the spacious but homey interior is the perfect place to keep up with your favorite team and have a great meal.

Fun for all the family, Buster's has typical sport bar fare such as chicken wings, quesadillas, calamari rings for munching while watching the main event on 24 giant plasma screens. Every seat is good seat for catching all the action. Open from noon for lunch or dinner, it has plenty of distractions for the younger crowd, including foosball, and a video arcade, so Mom and Dad can relax and enjoy their meal.

The moderately priced menu includes all your favorite finger foods and a great selection of local and imported beers. Customer reviews gave Buster's Garage 4.5 stars out of 5 on yellowpages-aruba.com; one declared "my wife and I happened to stumble upon it -but what a find!" Another stated "Owner Rusty is so down to earth. The food was very good and the prices were outstanding for the High-Rise area. Aruba needed a place like this."

Buster's regularly organizes special events with live music. At 10 p.m. it turns into a cozy adult hangout; 18 years and over only allowed, with a DJ on duty nightly and boasting the only beerpong table on Aruba. Aside from a great place to root for the home team or your favorites during play-offs and championships, they regularly carry all UFC fights



& WWE events.

Buster's is a great place where island visitors and residents mix and mingle; Monday

to Thursday they close at 2:00 a.m., weekends at 4:00 a.m.

by Rosalie Klein

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Miner's son films Chile rescue documentary

COPIAPO, Chile (AFP) — Some family members greeted the returning Chilean miners with tears, others with hugs. Omar Reygadas met his rescued father with his video camera running.

As his father emerged after nearly 70 days trapped in close quarters with 32 co-workers in the bowels of the collapsed San Jose mine, Reygadas captured the emotional and triumphant moment on film.

"I was up there. I filmed it. I filmed the capsule when it came up from underground," the budding 34-year-old film-

maker told AFP. "I'm going to make a video about all of it."

Reygadas said he hoped the movie would have commentary provided by his father, also named Omar Reygadas, but admitted he had not yet spoken to him about it.

"I want him to tell me all about it, in his own voice. I think he'll be eager to retell everything that happened."



Photo shows people celebrating after the last of the 33 miners was successfully rescued.

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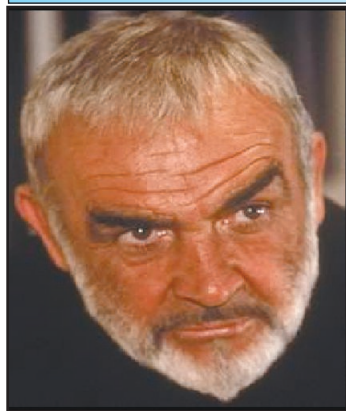
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Sean Connery won't appear in Spanish court due to 'health'



MARBELLA (AFP) - Sean Connery and his wife, ordered to testify in Spain yesterday in a property scandal probe, have written to the judge saying they are unable to attend for health reasons, a court source said.

In a letter, the 80-year-old film star best known for his portrayal of James Bond, said that because of their "age and state of health" they cannot travel to the Marbella court from their home in the Bahamas, the source said.

The judge was now studying whether to send officials to

question the couple at their residence in the Bahamas, the source said.

Dozens of journalists had gathered outside the court in the jet-set resort of Marbella yesterday morning for the couple's expected appearance.

The Oscar-winning actor was named in May in the investigation dubbed "Goldfinger" after the 1964 James Bond film and which involves the sale of his luxury seaside villa near the jet-set resort of Marbella. Connery sold the villa, named Malibu, in 1999 reportedly for around nine million dollars (6.5 million euros).

The villa was subsequently knocked down, and a four-storey luxury apartment complex with 72 flats was built on the land where it once stood in 2004-2005, despite planning rules which said only five homes could be constructed on it. The Scottish actor and his French-born wife, Micheline, were subpoenaed earlier this month to appear before the judge in Marbella on October 15.

Quebec's humble healer, Brother Andre

VATICAN CITY (AFP) - Diminutive, shy and with little education, Alfred Bessette of the Canadian province of Quebec hardly seemed destined to become a Catholic saint.

But he reputedly had the gift of healing, which he exercised both by the laying on of hands and using an internal power.

The faithful say he could simply say in his gruff voice, "leave your crutches and walk" to cure a crippled person.

In the nave of Montreal's imposing St Joseph's Oratory, dozens of canes are testimony to the cures attributed to Bessette, later to become Brother Andre.

The sanctuary was built

using the gifts of thousands of pilgrims attracted to Brother Andre's charisma.

However his path was strewn with obstacles.

Born in 1845 at Mont-Saint-Gregoire of Iberville, 40 kilometres (25 miles) to the east of Montreal, he was orphaned at the age of 12.

His father, a woodworker, was killed by a falling tree while his mother succumbed to tuberculosis three years later and he was looked after by an aunt.

Andre did odd jobs, including two years in textile mills in the United States before he returned to Quebec.

Deeply religious, he applied to join the congregation of

White House goes 'pink' for breast cancer



WASHINGTON (AFP) - The White House became the 'Pink House' late Thursday in a visible show of support for Breast Cancer Awareness month.

The presidential mansion was bathed in a rosy hue by colored spotlights for one night

only, drawing a crowd of tourists, as soon as dusk fell.

October is observed as Breast Cancer Awareness Month every year, by public service groups, medical professionals and government agencies that combine to pro-

mote awareness of the disease.

The American Cancer Society says about 207,000 new cases of invasive breast cancer in women will be diagnosed this year and nearly 40,000 women will die from the disease.

Jolie wants meet Bosnian victims, clear up misunderstanding



SARAJEVO (AFP) - Hollywood star Angelina Jolie said Friday that she wants to meet a group of war victims to clear up any misunderstand-

ing after Bosnia revoked her licence to film this week.

"I have great respect for all the work of the WWV association ... and I would like the opportunity to speak with them to personally clear up any misunderstandings about this project," Jolie said in a statement issued through the UN refugee agency, the UNHCR, in Bosnia.

She added that part of the reason to make her first movie as a director was to remind people of what happened during the 1992-95 war in Bosnia and to give attention to the survivors of the

conflict that left some 100,000 people dead.

"My hope is that people will hold judgement until they have seen the film," she added.

Bakira Hasecic of the WWV, whose members are all wartime rape victims, told AFP Friday that she would gladly meet with Jolie.

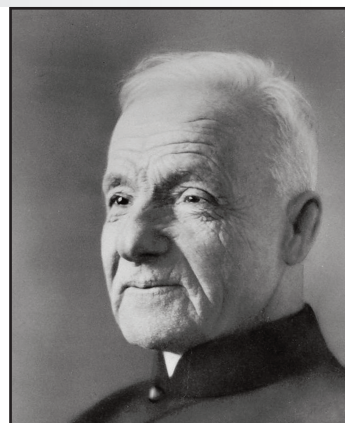
"We would like her to show us the script so we can see if it contains elements that falsify history and the truth," she said.

Hasecic has not seen the script yet and the WWV complaints were based solely on the press reports.

A local production company working with Jolie on the project told AFP Thursday that they had sent the script of the as yet untitled movie to the culture ministry of Bosnia's Muslim-Croat Federation.

A representative of the company was confident they would get their filming license reinstated and insisted that the film was not a rape love story.

"It would be a shame for all of us on the project and the local crew in Sarajevo, if unfair pressure based on wrong information were to prevent us from shooting in Bosnia," Jolie's production company for the project GK Films said in a separate statement yesterday.



Andre was beatified in 1978 by Pope John Paul II, and a miracle healing was officially recognised by the Vatican on December 19, 2009, marking the two steps towards his canonisation.

Big Ben returns from ban as Steelers face Browns



Roethlisberger

PITTSBURGH (AFP) - Ben Roethlisberger is back for Pittsburgh after a four-game NFL ban for a personal conduct violation as the Steelers try to beat Cleveland for their third 4-1 start in four seasons.

The star quarterback who has guided the Steelers to two Super Bowl titles was suspended four games following accusations of sexual assault by a 20-year-old woman at a nightclub. Criminal charges were never filed.

Without "Big Ben", the Steelers won their first three games and were only beaten in the final minute by Baltimore, which at 4-1 has a half-game edge in the AFC North division over Pittsburgh, which is coming off a bye week.

"I'm excited, but if you have to use me coming back as motivation against the Cleve-

land Browns, we've got something wrong," Roethlisberger said. "It's a divisional game and that's all we should need."

The Browns, 1-4, have lost 12 of their past 13 games against Pittsburgh, and 18 of the past 20, but a 13-6 loss to Cleveland last December helped deny the Steelers a spot in last season's playoffs.

"They really got after us. We never want to make excuses, but we really just didn't play good football," Roethlisberger said.

Expectations are high after the Steelers' defense and rushing have powered a strong start and their aerial attack figures to see a major boost after averaging a league-worst 136 passing yards.

"Ben is one of the best quarterbacks in the game so I'm expecting him to get in there and make some plays," receiver Mike Wallace said.

Roethlisberger has not played a regular-season game since a 30-24 triumph last January at Miami, but he was able to practice three days last week with the team, helping his timing with receivers and Rashard Mendenhall, who ranks fifth in NFL rushing with 411 yards.

Two desperate NFL teams meet in Minnesota, where the Vikings host Dallas with each club a disappointing 1-3.

The Vikings lost 29-20 to the New York Jets on Monday night, struggling for three

quarters before a Brett Favre-led comeback fell short at the finish. The Cowboys fell to Tennessee 34-27 last week.

In another rematch of a playoff meeting from last season, the Baltimore Ravens take their 4-1 record to New England, a club now 3-1 which was humbled 33-14 in that meeting and faces another stiff test of defense and rushing.

The Indianapolis Colts, powered by Peyton Manning and hoping for a return trip to the Super Bowl after last February's loss to New Orleans, visit Washington in a critical game for two tight divisional races.

The entire AFC South - Indianapolis, Houston, Jacksonville and Tennessee - stands at 3-2 while the Redskins are 3-2 and sharing the NFC East lead with Philadelphia and the New York Giants.

Tennessee and Jacksonville meet Monday night while the Texans play host to Kansas City on Sunday.

Winless San Francisco tries to avoid becoming the season's first 0-6 team in a home test against Bay Area rival Oakland. The NFL's other 0-5 clubs, Buffalo and Carolina, are idle along with Arizona and Cincinnati.

Liverpool takeover by BoSox owners complete

LONDON (AFP) - New England Sports Ventures (NESV), owners of baseball's Boston Red Sox, completed their acrimonious 300 million pounds (480 million dollars) takeover of Liverpool Football Club on Friday.

John W Henry's NESV group were able to take control after previous co-owners Tom Hicks and George Gillett were defeated in their legal battle to stop the takeover.

Liverpool chairman Martin Broughton brokered the deal despite fierce opposition from Hicks and Gillett, who have claimed they will sue for 1.6 billion dollars in damages because they believe the sale to NESV undervalued the Premier League club and was "illegal".

Standing alongside Broughton in London, Henry drew cheers from Liverpool fans as he said: "I am proud and humble. We have a lot of work to do and I can't tell you how happy I am that we have reached this point.



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Djokovic, Federer storm into Shanghai semi-final



SHANGHAI (AFP) - Novak Djokovic and Roger Federer set up their third major semi-final clash in two months on Friday as the pair each concluded straight-set wins at the Shanghai Masters.

Second seed Djokovic, who lost to the world number three Swiss in Toronto in August while beating him at the US Open, earned a ninth straight match win in China as the two-time Beijing champion advanced over Guillermo Garcia-Lopez 6-2, 6-3.

"I felt great on the court today," said the US Open finalist, who claimed his second Beijing title only days ago. "Generally it was a great match for me.

Federer was at his ruthless best as he dismantled the big game of Robin Soderling 6-1, 6-1 in just 53 minutes to take his head-to-head record against the Swede to 14-1, his only loss coming in last spring's Roland Garros quarter-finals.

It was Federer's most devastating defeat of Soderling, finalist at the last two French Opens.

"I know he didn't have some of his best days," said the winner. "But it was important to take advantage of it.

At the top of the draw, fourth seed Andy Murray

faces a surprise opponent in Juan Monaco after the Argentine beat Jurgen Melzer 6-7 (6-8), 7-5, 6-2 a day after the Austrian put out world number one Nadal.

Murray turned in another efficient performance dispatching Frenchman Jo-Wilfried Tsonga 6-2, 6-2.

Murray blasted through in 54 minutes without facing a break point and getting past the Tsonga serve on four occasions.

NFL weekend schedule

Sunday, October 17

Atlanta (4-1) @ Philadelphia (3-2)
Seattle (2-2) @ Chicago (4-1)
Detroit (1-4) @ NY Giants (3-2)
San Diego (2-3) @ St. Louis (2-3)
Baltimore (4-1) @ New England (3-1)
NY Jets (4-1) @ Denver (2-3)
Indianapolis (3-2) @ Washington (3-2)
Cleveland (1-4) @ Pittsburgh (3-1)
Miami (2-2) @ Green Bay (3-2)
New Orleans (3-2) @ Tampa Bay (3-1)
Kansas City (3-1) @ Houston (3-2)
Oakland (2-3) @ San Francisco (0-5)
Dallas (1-3) @ Minnesota (1-3)

Monday, October 18

Tennessee (3-2) @ Jacksonville (3-2)





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Phillies-Giants matchup promises prime pitching



Phillies Halladay

PHILADELPHIA (AFP) - Fittingly, the National League Championship Series between San Francisco and Philadelphia will open Saturday with a marquee matchup of hurlers Tim Lincecum and Roy Halladay.

It's predicted pitching will dominate the best-of-seven-game series to decide the NL's World Series contender, with both teams boasting rock-solid rotations.

Giants ace Lincecum is the reigning two-time Cy Young Award winner. Halladay pitched the second play-off no-hitter in Major League Baseball history in the Phillies' first-round victory over Cincinnati.

Then comes Roy Oswalt and Cole Hamels for Philadelphia, although perhaps not in that order, while Giants manager Bruce Bochy said Wednesday he'll likely tweak his rotation to send left-hander Jonathan Sanchez in game two with Matt Cain set to pitch game three in San Francisco.

"That's the way we're leaning right now," Bochy

said. "We have confidence in both of them but we really think to break up the righties and lefties there is a better way to go."

"It's going to be fun," Giants third baseman Pablo Sandoval said of showdown between Lincecum and Halladay. "They have one of the best pitchers in the National League and we have one of the best pitchers on our team."

Lincecum allowed just two hits with 14 strikeouts in his playoff debut in game one of the first-round series against Atlanta.

"We'll see what happens these first two games. It's going to be a hyped-up crowd," said Lincecum, who faced the Phillies in his major league debut on May 30, 2007. "They're the team to beat. They've been there before and they're there again."

Philadelphia's sluggers are hoping the home fans have more to cheer about than pitching.

While the Phillies won two straight National League titles on the strength of their

hitting, they have been inconsistent on offense this season.

Injuries contributed to the problem, with six of eight regular starters spending time on the disabled list.

"We've got the talent to be an offensive team, which we've been for the last four or five years," manager Charlie Manuel said. "And this has been, this definitely has been a down year, the numbers kind of speak for it. But at the same time, we're very capable of busting games open and putting up more offense. I expect us to score more runs."

The Giants will be trying to reach their first World Series since slugger Barry Bonds led them there and fell just short in 2002 to the Angels.

Bochy is hoping left fielder Pat Burrell, who inked a minor league deal in May and joined the Giants shortly thereafter, can be a source of information and advice for some of his less experienced teammates.

Burrell spent nine seasons in Philadelphia, winning a World Series title with the team two years ago.

"He's been there, he's been



San Francisco's Lincecum

there with Philly. Sure, he can give them some advice," Bochy said. "He's great about that. He's not just a talent on the field but he's been great to have in the clubhouse."

Bochy knows his Giants have a tough task ahead of him, but he thinks they're up

to the challenge.

"They've got tremendous talent - pitching, a great offense," Bochy said of the Phillies. "You've got to play your best ball to beat them."

"I like where we're at. I like the way the guys are playing."

MLB Championship Series

AMERICAN LEAGUE

NY YANKEES vs. TEXAS

OCT 15 - GM 1 NYY @ TEX
OCT 16 - GM2 NYY @ TEX
OCT 18 - GM 3 TEX @ NYY
OCT-19 - GM 4 TEX @ NYY
OCT 20 - * GM 5 TEX @ NYY
OCT 22 - * GM 6 NYY @ TEX
OCT 23 - * GM 7 NYY @ TEX

NATIONAL LEAGUE

SAN FRANCISCO vs PHILADELPHIA

OCT 16 - GM 1 SF @ PHIL
OCT 17 - GM 2 SF @ PHIL
OCT 19 GM 3 PHIL @ SF
OCT 20 - GM 4 PHIL @ SF
OCT 21 - * GM 5 PHI @ SF
OCT 23 - *GM 6 SF @ PHIL
OCT 24 - *GM 7 SF @ PHIL

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Presidential Residential Caribbean Cup coming to Aruba



The island nation of Aruba has become one of the most sought-after vacation destinations in the world, and now

it's poised to become one of the hottest fishing venues in the entire Caribbean.

For 2010, the Presidential Caribbean Cup will call this island nation home, as it hosts its "First truly International Billfishing competition".

The event is tentatively scheduled for October 20-22, 2010, which should coincide perfectly with the height of the marlin season.

Aruba enjoys a sunny climate and offers a stable government, safe, family-friendly environment, good all year-round weather is out of the hurricane belt and offers convenient air service, in addition to magnificent beaches, world-class SCUBA diving and fantastic billfishing. While the island's offshore action has mostly flown under the radar of the international angler, the 2010 Presidential Caribbean Cup is set to change that, as teams from around the world will descend upon the island.

"For years, the area's marlin fishery has been somewhat unknown just because there haven't been many boats fishing specifically for billfish," according to tournament coordinator Joan Vernon. "But in the past

few seasons, Capt. Bubba Carter, Capt. Butch Cox and others have made exploratory trips to Aruba and have found excellent fishing for both

blue and white marlin with the occasional sailfish. We look forward to bringing the Presidential Caribbean Cup to Aruba in order to showcase just how good the fishing can be here."

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For more information on this exciting new event, please visit www.preschallenge.com or contact tournament coordinator Joan Vernon at joan@preschallenge.com.

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